## HAUNA HOLISTIC SYSTEM of

Tarbiyah in early years

#### **Shah Sawood**

Academic Head,
Solomon Group of Institutions,
Bangalore



## Lets understand Different definitions of Tarbiyah

3-5 Years

**Early Years** 

Focused on Foundational values, emotional security, & early habits through love, care, & positive modeling.

## Lets understand Different definitions of Tarbiyah

6-12 Years

Middle Childhood

Focused on Building character, developing understanding, & instilling discipline through structured learning & social experiences.

## Lets understand Different definitions of Tarbiyah



13-18 Years

**Adolescents** 

Focused on Critical thinking, self-awareness, & a strong sense of identity rooted in Islamic values.



## Lets Understand What is Not Tarbiyah?

- Putting children into Control or Restrictions.
- Keeping children's Authority in your Hand.
- Doing good deeds through Fear or Greed.

#### Lets Understand What is Tarbiyah.

Making children Responsible by guiding them in their choices.

 Developing God consciousness not people consciousness.

#### Why Tarbiyah is a Challenge?

 Parents have forgotten the Purpose of Education.

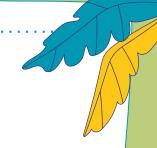
Pursuing Education for parents today is Potential Economic Gain.

#### Why Tarbiyah is a Challenge?

 Educational Institutions have successfully taught every student the Numbers, Grades, Ranks etc.

**Exams have Blocked our Vision** 

• We aren't trusting children rather we trust their Marks, Numbers, Grades etc.



## Lets understand How to handle different types of children?





#### 1. Lets Decode

Sarah, a 3-year-old, has started throwing tantrums whenever her parents refuse to buy her candy at the grocery store. Her mother feels embarrassed in public and often gives in to avoid a scene.



#### **Solution**

- 1. Root Cause
- >2. Stay Calm
- 3. Set Clear Boundaries
- 4. Distract & Redirect

> 5. Consistency is Key



#### 2. Lets Decode

Jonah, a 5-year-old, throws a fit when his parents turn off his tablet after **Screen Time**. They are concerned about his dependency on gadgets.

#### **Solution**

1. Set Clear Rules

>2. Offer Alternatives

3. Use Timers

4. Be Consistent

5. Engage Together



## Lets understand The Holistic way of Tarbiyah

### **HAUNA** stands for

H - HOLISTIC

A . AFFORDABLE

U . UNIVERSAL

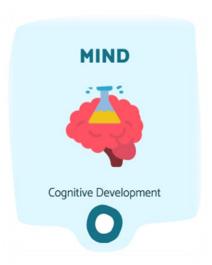
N . NATURAL

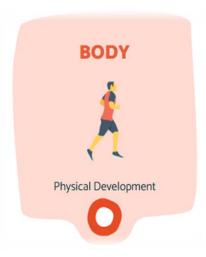
A ...... ACCESSIBLE



Hauna is a model of education that aims to promote holistic education.









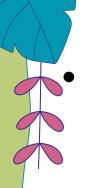


Focus is on Organizational Skills.

(Arranging of Bags, Removing & Wearing of shoes etc.)

Etiquettes of entering the Classroom.
 Entering with Right leg, Wishing Teacher,
 Talking Softly etc.





Every schools follow Academics with Theme Based Plans.

#### At Hauna

 The focus is more on Tarbiyah along with the Theme Based Academic Plans.

3. H	Heart-Role Play	
Spiritual, Social & Emotional Skills		
Topic	Importance of parents	
I want my students to be able	To understand the importance of parents.	
Skills/Values	Observation skills, sense of responsibility.	
Materials I need to use	Nil	

Activity:

Teacher does a role play showing the love and care of parents.

She enacts how parents take care of their child when they need them. Teacher can use the following situations:

- 1. When children get hurt.
- 2. When they don't complete their homework.
- When the children need something to eat or wear.

Teacher to make children understand the importance of being kind and obedient towards their parents.

Note: 1) The teacher can continue further if she can manage according to time limit.

2) Teacher needs to enact both the character of a mother and as well the child. (As it's day 1) In case the teacher has any substitute she can include her also by giving her a character.

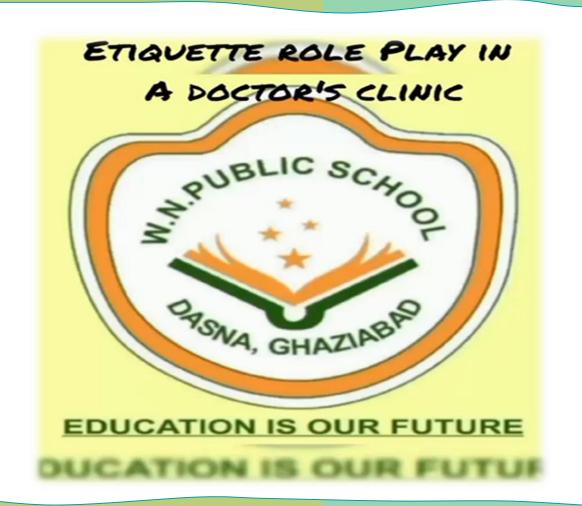
3. Heart Spiritual, Social & Emotional Skills	
I want my students to be able	To understand the importance of taking care of birds.
Skills/Values	Social skills
Materials I need to use	Nil

#### Activity:

The teacher to explain to the children that water is essential for all creatures, and how important it is to keep water for the birds. It is good to keep water in a bowl for the birds that are flying nearby as it is a good deed.

My students should	Care for the birds also.
be able to	





Also Hauna reinforces children to be Truthful, Helping Others, Giving Charity, Sharing Caring with the help of Stories.

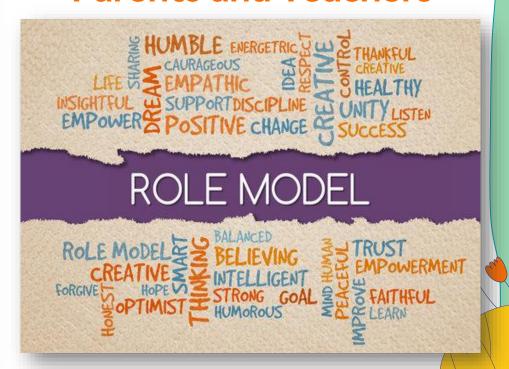


#### Tarbiyah at Hauna

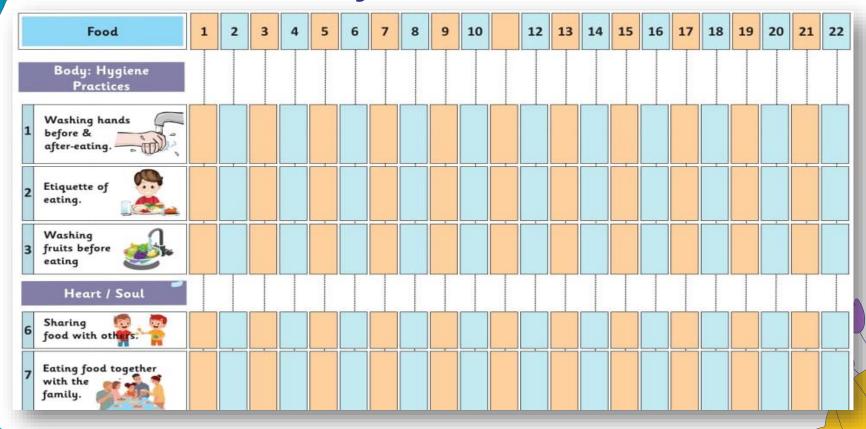


Family-School Partnership

#### **Parents and Teachers**



#### **Tarbiyah Checklists**



#### Body: Physical Health & Hygiene

Monitor combing hair.



2 Monitor brushing teeth.



Use of hanky to clean nose.



4 Etiquette of drinking water.



#### Body Setting up Routines at home

Follow etiquette

of entering the
house.



Remove shoes and keep it in the alloted place.

3 Keep bag in its allotted place.



4 Etiquette of using the toilet



Wash face and hands.



# Jazak Allahu Khairan